



Westside High School



Department of Health and Physical Education

Teacher: Coach Mason

Class: Health

Location: B220

Class Type: Required for Graduation

Credit: ½ Credit

Contact Information: Masonce@boe.richmond.k12.ga.us

Course Description

The Health Education Course is designed to enhance the awareness and knowledge of healthy lifestyle choices.

Instructional Philosophy

My philosophy of education is that students must “do” in order to learn. Every child that enters into the classroom should feel safe, capable, and comfortable. My classroom will be student-centered where the students are the major focus which includes, but is not limited to: class discussions, reading, kinetics activities, student-presentations, and team projects. Participation along with preparation from students is essential to their learning process.

Major Topics

- Mental & Social Unit
- Physical Health
- Nutrition Unit
- Alcohol and Drug Awareness Program (ADAP)
- Choosing the Best (Abstinence Education)

Grading Categories

- Minor: 60%
- Major: 40%

Classroom Expectations

Classroom Rules	Consequences
<ul style="list-style-type: none"> Respect Everyone Immediately follow instructions Give 100% & Have Fun Learning Students must follow ALL rules in the RCSS Student Handbook 	<ul style="list-style-type: none"> 1st Offense – Verbal Warning 2nd Offense – Parental Contact 3rd Offense – Intervention 4th Offense – Office Referral

Cell Phone Policy

- NO CELL PHONES at anytime

Course work/Classwork

All assignments can be accessed from my teacher page from the school’s website (25-26 Health Assignments). **Students’ work should be completed in the students’ notebook and will not be accepted on loose paper unless the assignment instructions inform students to do so.**

Students are expected to submit work on time. Doing so exhibits pride in producing quality work and fulfilling student responsibility. This work habit is a behavior that supports academic achievement and demonstrates characteristics from our Richmond County School System Profile of a Graduate. Late work can negatively impact learning and your ability to demonstrate mastery of the standards.

When the assignment calls for students to produce original work, students will not use Artificial Intelligence (AI) to generate the assignment for them. While there may be appropriate times for students to use AI during the learning process, using AI to generate original work in place of the student completing the work, is considered Academic Dishonesty and can be punished according to the rules outlined in the Code of Conduct. See RCBOE IHA-R Grading Practices.

Late Work (Grading Policy- See RCBOE IHA-R Grading Practices)

Students may have their scores reduced by 5% per school day for a 25% maximum reduction (five school days). Late work submitted after the fifth school day will only be accepted at the teacher’s discretion.

Make-Up Work (Grading Policy)

Students are expected to make-up assignments and assessments that were missed due to absence from



Westside High School



Department of Health and Physical Education

school. Students are expected to check the WAG from the school website to see what was missed and are responsible for asking teachers for the make-up work upon returning to class (after class). When the announcement is made on designated makeup days, students are expected to report to coach.

Supplies and Materials Needed

- Computer
- Pen or Pencil
- Composition Notebook
- Clothing/shoes for personal training
- A willingness to learn/participate
- Hand sanitizer

Extra Help

Communication regarding help with assignments is expected prior to the assignment's due date. Students are expected to utilize class time and the resources provided to complete assignments and master standards.

Contact Procedure

The best way to get in touch with me is via my email. I will respond in a timely manner. Parents needing to setup a conference will need to contact the Guidance Department.

Grading Scale

A: 90 – 100

B: 80 – 89

C: 75 – 79

D: 70 - 74

F: 0 – 69

Return This Portion Only with Signatures: **Health Syllabus Acknowledgment & Understanding**

Student Signature: _____

Student Print: _____

Parent Signature: _____

Parent Print: _____

Date: _____